# **Friend Feedback Assessment Instructions**

You have a rare privilege! You have been asked to be a Spiritual Partner by someone who trusts and respects you. By asking you to complete this assessment they are telling you that your opinion is important, and you have an influence on their life. Most likely you are a close friend or spouse who knows this person well and will respond prayerfully and honestly to this assessment.

Why are they taking the *Spiritual Health Self*-Assessment? To maintain physical health, we have routine check-ups with a medical doctor and develop healthy habits. But what about our spiritual health? The *Spiritual Health Self*-Assessment gives one the ability to measure their spiritual wellbeing at a particular point in time with the purpose of better understanding the state of their spiritual wellbeing and measure growth as a follower of Jesus Christ.

Your friend has already done a self-assessment of their spiritual health. But just as with our

physical health, it can often be helpful to get a second opinion. That's where you come in. Your role is really quite simple and should only take a few minutes of your time . . . but it could have a life-long impact on your friend. So, here's what we are asking you to do:

**Pray.** Ask God to sharpen your mind and speak to your heart as you fill out the assessment.

Read each statement carefully and respond to the best of your ability. If you can't

answer a particular question because you don't know the person well enough, just give them a "3" for that question. You may want to mark those questions so your friend can identify them

**Return the assessment** to your friend and offer to discuss any questions they might have.

Keep in mind that the *Spiritual Health Self-Assessment* and *Spiritual Health Action Plan* measure our health at a particular point in time. It is a tool that will help your friend evaluate their spiritual health and give them direction for developing a plan to grow in their faith.

## PARTNER FEEDBACK ASSESSMENT

Select the number that best describes your friend:

1 = Does not describe 3 = Partially describes 5 = Generally describes

**Intentional Community:** *Sharing life in the name of Christ, to become more like Christ, so that others will know Christ.* 

This person has friends who talk honestly with one another about the joys and concerns of life	1	2	3	4	5
This person can easily accept help from others when facing a difficult situation	1	2	3	4	5
This person seeks advice and encouragement from other believers	1	2	3	4	5
This person meets with another Christian for accountability	1	2	3	4	5
This person can forgive others who hurt or offend them	1	2	3	4	5
This person can forgive themself	1	2	3	4	5
This person has a fellow believer in their life to whom they can confess anything in their character or actions that is unChrist-like	1	2	3	4	5
This person can see God using the difficulties of life to make their faith					
stronger	1	2	3	4	5
This person has someone in their life who they can go to as a spiritual mentor	1	2	3	4	5
This person is intentionally investing in someone else to help them grow					
their faith	1	2	3	4	5

#### Intentional Community Total \_\_\_\_\_

**Experiencing God:** Seeking God and being aware of His presence in every detail of life.

The things this person learns in scripture guides and informs their decisions	1	2	3	4	5
This person can sense God at work in the meaningful relationships in their					
ife	1	2	3	4	5
This person experiences moments of appreciation for God daily	1	2	3	4	5
It is easy for this person to pray	1	2	3	4	5
This person can see God in creation	1	2	3	4	5

This person has a deep desire to feel God's presence	1	2	3	4	5
When this person reflects on their life, they sense God's grace and knows					
that God is with them	1	2	3	4	5
God is allowing this person to see others and the world through His eyes	1	2	3	4	5
This person can praise God in the good times and the bad times	1	2	3	4	5
This person knows and believes that they are a child of the Heavenly					
Father	1	2	3	4	5

### Experiencing God Total \_\_\_\_\_

### Sharing Christ: Living a life that invites others to draw near to God.

This person willingly gives time and resources to serve others without					
expecting anything in return	1	2	3	4	5
This person can sense God's calling in their life to serve Him and others	1	2	3	4	5
This person can see clearly how their life can have an impact for God's					
Kingdom	1	2	3	4	5
This person's neighbors, friends, coworkers/classmates know that they are					
a Christian	1	2	3	4	5
This person allows God to use their painful experiences as an opportunity to help others in similar situations					
	1	2	3	4	5
This person shares their faith with family and friends who do not know					
Christ	1	2	3	4	5
This person knows their spiritual gifts and they are a part of their life	1	2	3	4	5
This person prays for people, by name, who don't know Christ	1	2	3	4	5
This person knows their faith story and is confident in sharing it when given					
the opportunity	1	2	3	4	5
This person derives great joy from serving others, even when it is					
inconvenient for them	1	2	3	4	5

Sharing Christ Total